

14 - 16 October 2025
12pm - 3pm (AEDT)

The ALIVE National Centre
for Mental Health
Research Translation

VIRTUAL
LEARNING
STUDIO

i-LEARN Three-Part Workshop

Tackling Power in Negotiating Co-Research

This three-part workshop is part of the i-LEARN Virtual Learning Studio of the ALIVE National Centre focused on tackling power across different co-research models. It has been created by, for and with people with lived-experience across mental health, suicide, social and emotional wellbeing and intersecting fields and experiences of trauma, abuse and violence. The workshop parts are available to Network members as follows:

Day 1
Tue 14 Oct

From Co-Designers to Advisors (Co-Design Living Labs Network members only)

Day 1 will focus on the differences between co-design and research advisory roles, and how to move between them.

Day 2
Wed 15 Oct

Realities of Researcher Roles (Co-Design Living Labs Network and Lived-Experience Research Collective members)

Our second part will bring together our lived-experience networks to discuss ways lived-experience can be brought to various researcher roles.

Day 3
Thu 16 Oct

Working in Co-Research Models (Co-Design Living Labs Network, Lived-Experience Research Collective and Next Generation Researcher Network members)

The third day combines all three networks for a multi-perspective session on negotiating effective co-research.



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